

---

## Syllabus

:AIS 201 Seasons of Life -Online

Joyce C. Woodruff, Ed.D.

Office Hours: M: 9-12, 1-3; T 1-6; W 9-12 , 2-3

Phone: 460-6263 Fax 460-6519 email: jwoodruff@usouthal.edu

AIS web site address: [www.southalabama.edu/ais](http://www.southalabama.edu/ais)

**Text:**

Berger, Kathleen S. (2004). *The Developing Person Through the Life Span* (6th ed.). New York: Worth.

Seasons of Life audio series (available in two formats: may be heard via streamed audio at web site (under "Lecture") or may be purchased at 1-800-LEARNER.) You may also borrow audiotapes from the professor. Contact her for details.

**Course Description:** An interdisciplinary, media-assisted course in which students study human development from the biosocial, cognitive, and psychosocial perspectives with special emphasis on the adult years. Through readings, audio tapes, written exercises, and threaded discussions, students explore theory and research findings of life span development that enable them to reflect on their own lives as well as the lives of others.

**Course goal:** To understand human lifespan development from the biosocial, cognitive, and psychosocial perspectives

Course Objectives:

- 1) To understand the theory, methods, and research findings of life span development.
  - 2) To understand the gene-environment interaction in human development.
  - 3) To describe how the biological, social, and psychological clocks influence the events of the life cycle.
  - 4) To be able to complete exercises and activities which ask students to reflect on their own lives as well as the lives of others.
  - 5) To be aware of the major biosocial, cognitive, and psychosocial issues at each stage of the lifespan.
  - 6) To be aware of how life stories evolve from childhood to old age.
  - 7) To participate in thought-provoking readings and discussions that may generate research ideas for students.
-

## TENTATIVE CLASS OUTLINE

Note: Since all classes do not progress at the same rate, the instructor may wish to modify the requirements below or their timing as circumstances dictate. For example, the instructor may wish to change the number and frequency of exams, or the number and sequence of assignments. However, the students must be given adequate notification. Moreover, there may be non-typical classes for which these requirements are not strictly applicable in each instance and may need modification. If such modification is needed, it must be in writing and conform to the spirit of this policy statement.

In preparation for the course read all of the syllabus sections carefully and print out the assignments for each unit. The *assignment* section will give an overview of the requirements for each unit. Refer to the *reading* section for specific reading assignments within the chapters assigned.

**This is a brief outline of the course. See each unit (online) for specific pages assigned in each chapter, assignments, and method of testing for each unit.**

Weeks 1 & 2 (Aug 23-Sept 5) - Unit 1: Introduction to course (chapters 1-4)

Week 3 (Sept 6-12)- Take home exam on chapters 1 & 2; online quiz on chapters 3 & 4 & audio tapes

Week 4 (Sept 13-19)- Unit 2: The First Two Years (chapters 5-7)

Week 5 (Sept 20-26) Online quiz on chapter 5 and audio tapes; take home exam on chapters 6 & 7

Week 6 (Sept 27-Oct 3)- Unit 3: Play years (chapters 8-10)

Week 7 (Oct 4-10) Online quiz on chapters 8-10 and audio tapes

Week 8 (Oct 11-17) Unit 4: School Years (chapters 11-13)

Week 9 (Oct 18-24) - Online quiz on chapters 11-13 and audio tapes

Weeks 10 & 11 (Oct 25-Nov 7) Unit 5: Adolescence (chapters 14-16) & Unit 6 Early Adulthood (chapters 17-19)

Week 12 (Nov 8-14) Quizzes on units 5 & 6 and audio tapes; open book portions for units 5 & 6.

Week 13 (Nov 15-21) - Unit 7: Middle Adulthood (chapters 20-22)

Week 14 (Nov 22-28) Quiz on unit 7 and audio tapes

Week 15 (Nov 29-Dec 5) Unit 8: Late Adulthood (chapters 23-25)

Week 16 (Dec 6-12) Quiz on unit 8 and audio tapes

---

## **Deadlines:**

### **Unit 1**

Aug 29 Threaded discussion for unit 1 must be posted

Sept 5 Exercise for unit 1 is due.

Sept 6-12 Open book exam is due (place in dropbox); Take online quiz

### **Unit 2**

Sept 19 Exercise for unit 2 is due and threaded discussion must be posted

Sept 20-26 Open book portion due and online quiz taken

### **Unit 3**

Oct 3 Threaded discussion must be posted

Oct 10 Exercise for unit 3 is due

Oct 4-10 Take online quiz

### **Unit 4**

Oct 17 Threaded discussion must be posted

Oct 24 Exercise for unit 4 is due

Oct 18-24 Take online quiz

### **Unit 5 (Note: units 5 and 6 are together)**

Oct 31 Exercise for unit 5 is due

Nov 8-14 Turn in open book portion of test and take online quizzes for units 5 & 6

### **Unit 6**

Nov 7 Exercise for unit 6 is due and threaded discussion should be posted

Nov 8-14 Turn in open book portion of test and take online exam

### **Unit 7**

Nov 21 Exercise for unit 7 is due

Nov 22-28 Take online exam

## **Unit 8**

Dec 5 Exercise for unit 8 is due. Threaded discussion must be posted.

Dec 6-12 Take online quiz

---

### Evaluation:

Students are expected to:

- 1) Read textbook as assigned.
  - 2) Listen to the audio tapes.
  - 3) Complete assigned lesson exercises and put them in the dropbox. Lesson exercises should include the questions and answers.
  - 4) Participate in the threaded discussions with thoughtful responses. Responses should be based on the knowledge you have gained from the readings, not just personal experience. Read the responses of your classmates after the posting deadline.
  - 5) Regarding the open book exams, you may use your text to prepare your answers to the open book portion of the exam; however, the answers should be in your own words. You may not copy another student's answers.
  - 6) Regarding the online exams, You are on your honor that you will receive no help from the text, notes or other persons during your online exam.
- 

### Grading Criteria:

Lesson exercises (18-21 points each) =150 points

Exams =400 points

Threaded discussion (25 each) =150 points

Total =700 points

Grading scale: 90-100 = A; 80-89 = B; 70-79 = C; 60-69 = D; 59 & below = F.

If you have any questions about your grade during the semester, please email the professor.

### Exams:

Read text for understanding and clarification of assignment questions. Online exams will be multiple choice questions will be taken from audio and textbook readings. You are on your honor that you will receive no help from the text, notes or other persons during your online exam. The online tests may only be opened once and are timed. Take home tests will be essay and should be based on text readings. They may be put in the dropbox anytime during the test week. You may use your text to prepare your answers to the open book portion of the exam; however, the answers should be in your own words. You may not copy another student's answers.

---

**Exams:** Read the exam section of each unit as you begin the unit so that you will know how to prepare for exams. Usually each unit has an open book test that you email to the instructor during exam week and a timed multiple choice quiz that you take online during exam week. You are on your honor not to use the text or any other sources of help (except your brain) during the quiz. You may use the text as a reference for the open book portion of the test, but you may not work with other students while composing your answers. I expect that the work you turn in is your own. Please put your answers into your own words-do not plagiarize by copying the textbook.

**Late Work:** Each week's work must be completed by the end of the week indicated (Sunday). Late work for exercises may be accepted at the discretion of the instructor during the week following the deadline, but points will be deducted. No credit for the threaded discussion will be accepted after the deadline, unless you have contacted me beforehand and explained a "special" circumstance.

**Disappearing:** No communication from you for two weeks for whatever reason means I will initiate an administrative withdrawal. You can contact me via voice mail, email, fax or by phone at 251-460-6263.

**Safeguards:** Back up every piece of work you do on disk, and make a hard copy. If you experience computer difficulties, you are responsible for solving your own technical problems. Help can be found at [helpdesk@usaonline.southalabama.edu](mailto:helpdesk@usaonline.southalabama.edu) or at 303-873-0005. Heavy internet use occurs during the evening hours of 8-10 pm. You might want to consider logging on at other times if possible.

**Deadlines:** Odd things happen in cyberspace: emails get lost; servers disconnect temporarily; logins are impossible. Don't wait for the last moment to get things done. Allow time to meet deadlines. If I email you and say all grades are posted and your grade is not recorded that means I probably didn't get it and you should contact me immediately by email. (I will acknowledge receipt of emails.) You are responsible for getting the work turned in on time.

**Audio tapes:** Audio tapes may be borrowed for the semester so that you can listen to them at your convenience. Call Dr Woodruff at 460-6263 if you would like to borrow a set of tapes. They must be returned by the last day of classes (Dec 5). If the tapes are not returned you will receive an incomplete in the course or a hold on your future registration. This service is available to accommodate students and will not be available to future students if the service is abused.

---

#### Accommodations:

In accordance with the Americans with Disabilities Act, students with bona fide disabilities will be afforded reasonable accommodation. The Office of Special Student Services (334/460-7212) will certify a disability and advise faculty members of reasonable accommodations.

---

Joyce C. Woodruff, Ed.D.

Chair, Adult Interdisciplinary Studies

Office Hours: M 9-12, 1-3; T 1-6 W 9-12, 2-3;

Phone 251.460.6263

Fax: 251.460.6519

email: [jwoodruf@jaguar1.usouthal.edu](mailto:jwoodruf@jaguar1.usouthal.edu)

About the professor:

To learn more about me, go to

[My Web site](#). Once you are there, click on "teaching" and "philosophy."

If you want to learn more about the AIS adult degree program, go to [www.southalabama.edu/ais](http://www.southalabama.edu/ais)

---

---

Course Description: An interdisciplinary, media-assisted course in which students study human development from the biosocial, cognitive, and psychosocial perspectives with special emphasis on the adult years. Through readings, audio tapes, written exercises, and threaded discussions, students explore theory and research findings of life span development that enable them to reflect on their own lives as well as the lives of others.

---

Course goal: To understand human lifespan development from the biosocial, cognitive, and psychosocial perspectives

Course Objectives:

- 1) To understand the theory, methods, and research findings of life span development.
  - 2) To understand the gene-environment interaction in human development.
  - 3) To describe how the biological, social, and psychological clocks influence the events of the life cycle.
  - 4) To be able to complete exercises and activities which ask students to reflect on their own lives as well as the lives of others.
  - 5) To be aware of the major biosocial, cognitive, and psychosocial issues at each stage of the lifespan.
  - 6) To be aware of how life stories evolve from childhood to old age.
  - 7) To participate in thought-provoking readings and discussions that may generate research ideas for students.
- 

#### TENTATIVE CLASS OUTLINE

Note: Since all classes do not progress at the same rate, the instructor may wish to modify the requirements

below or their timing as circumstances dictate. For example, the instructor may wish to change the number and frequency of exams, or the number and sequence of assignments. However, the students must be given adequate notification. Moreover, there may be non-typical classes for which these requirements are not strictly applicable in each instance and may need modification. If such modification is needed, it must be in writing and conform to the spirit of this policy statement.

In preparation for the course read all of the syllabus sections carefully and print out the assignments for each unit. The *assignment* section will give an overview of the requirements for each unit. Refer to the *reading* section for specific reading assignments within the chapters assigned.

**This is a brief outline of the course. See each unit for specific pages assigned in each chapter, assignments, and method of testing for each unit.**

Weeks 1 & 2 (Aug 23-Sept 5) - Unit 1: Introduction to course (chapters 1-4)

Week 3 (Sept 6-12)- Take home exam on chapters 1 & 2; online quiz on chapters 3 & 4 & audio tapes

Week 4 (Sept 13-19)- Unit 2: The First Two Years (chapters 5-7)

Week 5 (Sept 20-26) Online quiz on chapter 5 and audio tapes; take home exam on chapters 6 & 7

Week 6 (Sept 27-Oct 3)- Unit 3: Play years (chapters 8-10)

Week 7 (Oct 4-10) Online quiz on chapters 8-10 and audio tapes

Week 8 (Oct 11-17) Unit 4: School Years (chapters 11-13)

Week 9 (Oct 18-24) - Online quiz on chapters 11-13 and audio tapes

Weeks 10 & 11 (Oct 25-Nov 7) Unit 5: Adolescence (chapters 14-16) & Unit 6 Early Adulthood (chapters 17-19)

Week 12 (Nov 8-14) Quizzes on units 5 & 6 and audio tapes; open book portions for units 5 & 6.

Week 13 (Nov 15-21) - Unit 7: Middle Adulthood (chapters 20-22)

Week 14 (Nov 22-28) Quiz on unit 7 and audio tapes

Week 15 (Nov 29-Dec 5) Unit 8: Late Adulthood (chapters 23-25)

Week 16 (Dec 6-12) Quiz on unit 8 and audio tapes

---

## Unit 1

Aug 29 Threaded discussion for unit 1 must be posted

Sept 5 Exercise for unit 1 is due.

Sept 6-12 Open book exam is due (place in dropbox); Take online quiz

## **Unit 2**

Sept 19 Exercise for unit 2 is due and threaded discussion must be posted

Sept 20-26 Open book portion due and online quiz taken

## **Unit 3**

Oct 3 Threaded discussion must be posted

Oct 10 Exercise for unit 3 is due

Oct 4-10 Take online quiz

## **Unit 4**

Oct 17 Threaded discussion must be posted

Oct 24 Exercise for unit 4 is due

Oct 18-24 Take online quiz

## **Unit 5 (Note: units 5 and 6 are together)**

Oct 31 Exercise for unit 5 is due

Nov 8-14 Turn in open book portion of test and take online quizzes for units 5 & 6

## **Unit 6**

Nov 7 Exercise for unit 6 is due and threaded discussion should be posted

Nov 8-14 Turn in open book portion of test and take online exam

## **Unit 7**

Nov 21 Exercise for unit 7 is due

Nov 22-28 Take online exam

## **Unit 8**

Dec 5 Exercise for unit 8 is due. Threaded discussion must be posted.

Dec 6-12 Take online quiz

---

Evaluation:

Students are expected to:

1) Read textbook as assigned.

2) Listen to the audio tapes.

3) Complete assigned lesson exercises and put them in the dropbox. Lesson exercises should include the questions and answers.

4) Participate in the threaded discussions with thoughtful responses. Responses should be based on the knowledge you have gained from the readings, not just personal experience. Read the responses of your classmates after the posting deadline.

5) Regarding the open book exams, you may use your text to prepare your answers to the open book portion of the exam; however, the answers should be in your own words. You may not copy another student's answers.

6) Regarding the online exams, You are on your honor that you will receive no help from the text, notes or other persons during your online exam.

---

Grading Criteria:

Lesson exercises (18-21 points each) =150 points

Exams =400 points

Threaded discussion (25 each) =150 points

Total =700 points

Grading scale: 90-100 = A; 80-89 = B; 70-79 = C; 60-69 = D; 59 & below = F.

If you have any questions about your grade during the semester, please email the professor.

Exams:

Read text for understanding and clarification of assignment questions. Online exams will be multiple choice questions will be taken from audio and textbook readings. You are on your honor that you will receive no help from the text, notes or other persons during your online exam. The online tests may only be opened once and are timed. Take home tests will be essay and should be based on text readings. They may be put in the dropbox anytime during the test week. You may use your text to prepare your answers to the open book portion of the exam; however, the answers should be in your own words. You may not copy another student's answers.

---

Exams: Read the exam section of each unit as you begin the unit so that you will know how to prepare for exams. Usually each unit has an open book test that you email to the instructor during exam week and a timed multiple choice test.

choice quiz that you take online during exam week. You are on your honor not to use the text or any other sources of help (except your brain) during the quiz. You may use the text as a reference for the open book portion of the test, but you may not work with other students while composing your answers. I expect that the work you turn in is your own. Please put your answers into your own words-do not plagiarize by copying the textbook.

**Late Work:** Each week's work must be completed by the end of the week indicated (Sunday). Late work for exercises may be accepted at the discretion of the instructor during the week following the deadline, but points will be deducted. No credit for the threaded discussion will be accepted after the deadline, unless you have contacted me beforehand and explained a "special" circumstance.

**Disappearing:** No communication from you for two weeks for whatever reason mean I will initiate an administrative withdrawal. You can contact me via voice mail, email, fax or by phone at 251-460-6263.

**Safeguards:** Back up every piece of work you do on disk, and make a hard copy. If you experience computer difficulties, you are responsible for solving your own technical problems. Help can be found at [helpdesk@usaonline.southalabama.edu](mailto:helpdesk@usaonline.southalabama.edu) or at 303-873-0005. Heavy internet use occurs during the evening hours of 8-10 pm. You might want to consider logging on at other times if possible.

**Deadlines:** Odd things happen in cyberspace: emails get lost; servers disconnect temporarily; logins are impossible. Don't wait for the last moment to get things done. Allow time to meet deadlines. If I email you and say all grades are posted and your grade is not recorded that means I probably didn't get it and you should contact me immediately by email. (I will acknowledge receipt of emails.) You are responsible for getting the work turned in on time.

**Audio tapes:** Audio tapes may be borrowed for the semester so that you can listen to them at your convenience. Call Dr Woodruff at 460-6263 if you would like to borrow a set of tapes. They must be returned by the last day of classes (Dec 5). If the tapes are not returned you will receive an incomplete in the course or a hold on your future registration. This service is available to accommodate students and will not be available to future students if the service is abused.

---

#### Accommodations:

In accordance with the Americans with Disabilities Act, students with bona fide disabilities will be afforded reasonable accommodation. The Office of Special Student Services (334/460-7212) will certify a disability and advise faculty members of reasonable accommodations.

---

Joyce C. Woodruff, Ed.D.

Chair, Adult Interdisciplinary Studies

Office Hours: M 9-12, 1-3; T 1-6 W 9-12, 2-3;

Phone 251.460.6263

Fax: 251.460.6519

email: [jwoodruf@jaguar1.usouthal.edu](mailto:jwoodruf@jaguar1.usouthal.edu)

About the professor:

To learn more about me, go to

[My Web site](#). Once you are there, click on "teaching" and "philosophy."

If you want to learn more about the AIS adult degree program, go to [www.southalabama.edu/ais](http://www.southalabama.edu/ais)

---

v